X & H-Plate

Exposure and Joint Preparation
- Make standard incision and perform joint preparation.
- Compress joint and provisionally fixate with K-wires or clamps.

Plate Application
- Position plate over fusion site and temporary hold with 1.1mm K-wires.
- Use appropriate drill guide (red) with 2.3mm drill bit (red).

Screw Insertion
- Measure with depth gauge and select appropriate screw length.
- Insert 3.5mm screws with 2.5mm Hex screwdriver (red). Remove provisional fixation K-wires or clamp.

Final Fixation
- Remove remaining K-wires. Check final screw placement and arthrodesis on C-arm.
- Irrigate and close in layers.