Exposure and Initial Reduction
- Expose the tuberosity of the fifth metatarsal.
- Manually reduce the fracture and stabilize the fracture with two K-wires or a bone clamp.
- Apply the Mini-Hook Guide flush against the bone and drill two holes through the outer cortex with a 1.8mm drill bit (blue).

Inserting Hook Plate
- Engage the hooks of the plate into the holes at the tip of the fifth metatarsal.
- With the Mini Impactor, completely seat against the bone.

Securing Plate
- Insert a 2.3mm bicortical screw into the distal end of the slotted hole using a 1.8mm drill bit (blue) and guide.

Tip: Drill and place screw at 90° to properly use Expander/Compression tool.
**Compress Fracture**

- Engage the screwdriver tip of the Expander/Compression tool into the head of the bone screw. Insert the opposite jaw of the tool into the adjacent distal hole in the plate.
- Gently squeeze the handle of the tool until the desired amount of compression is obtained.
- Completely tighten and seat the screw.

**Final Fixation**

- Complete the fixation with additional 2.3mm screws as needed.
Jones Fracture Plate™
MHOOK-5
MHOOK-7
MHOOK-9*

* Special Order

Expander/ Compression Tool
XPANDR

Mini-Hook Guide
MHOOK-GUIDE

Mini Impactor
MINI-IMPACTR

Cortical Screws
TRX2.3-xx
7mm to 18mm

The Jones Fracture Plate™
is a component of the
TriMed Fifth Metatarsal Fixation System™.